

An aerial photograph of Cape Town, South Africa, showcasing the city's urban landscape and natural beauty. The image captures the iconic Table Mountain in the background, with its flat top and surrounding peaks. In the foreground, the Varsity Stadium, a large, modern, oval-shaped sports arena with a green roof, stands prominently. The city's buildings, roads, and green spaces are visible, along with a marina filled with boats in the lower-left corner. The sky is a vibrant blue with scattered white clouds.

Sports

in

Cape Town – Stellenbosch Campus
South Africa



- ▶ **South Africa** is a sports loving nation, it's definitely a religion ! The sports and entertainment facilities of Stellenbosch University are available to students of course, personnel and the public. Just imagine that you can share your training practice with some famous and talented top athletes.
- ▶ **COETZENBURH** is where you will find the most finest sporting complex in the country

Recap of the sports infrastructure

- ▶ One athletic stadium with 14 000 seats and floodlights
- ▶ One swimming pool and two small heated swimming pools
- ▶ Two astro artificial grass pitches with floodlight
- ▶ Nine hockey fields, two of which are equipped with floodlights
- ▶ Six crickets fields, five permanent training nets, several turf training nets and a bowling machine
- ▶ Two indoor cricket training nets
- ▶ Nine squash courts that include a main with glass wall and seating for 140 spectators.
- ▶ Fifteen rugby fields with a main stadium 17 000 seats
- ▶ 27 tennis courts
- ▶ 6 clubhouses for rugby, hockey, cricket, netball, underwater sport, soccer, tennis and water polo, respectively

Sports infrastructure in Skema Cape Town

One Athletic Stadium with 14 000 seats and floodlights



One swimming pool and two small heated swimming pools



Two astro artificial grass pitches with floodlight



Nine hockey pitches, two of which are equipped with floodlights



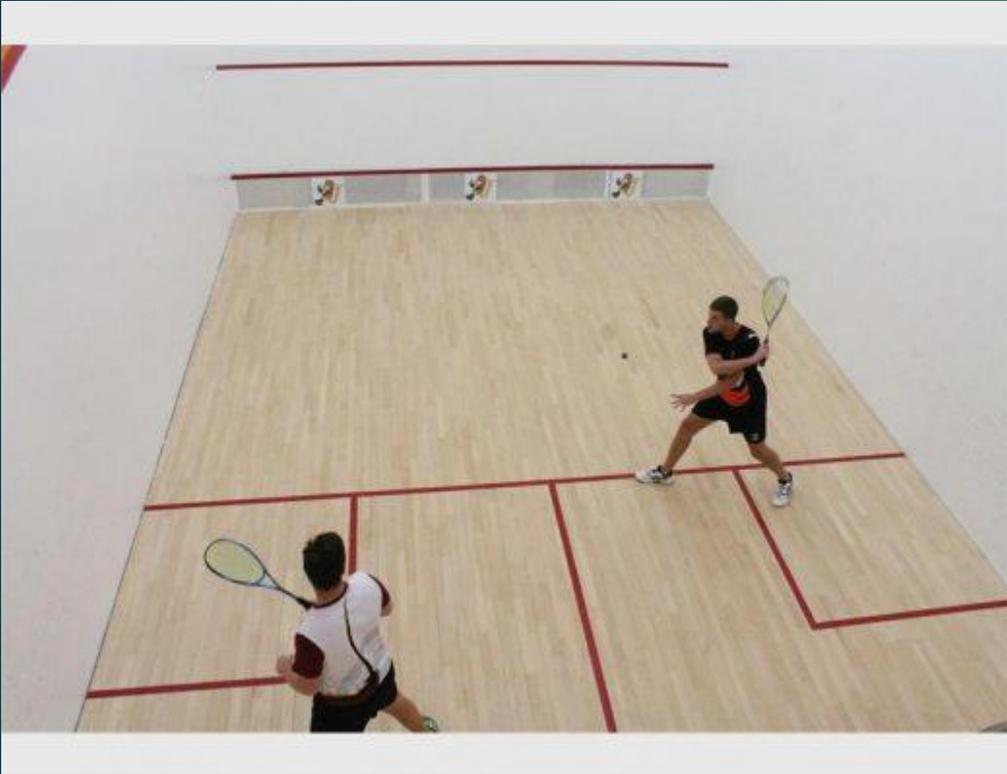
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Two indoor cricket training nets



Nine squash courts that include a main with glass wall and seating for 140 spectators



Fifteen rugby pitches with a main stadium 17 000 seats



27 tennis courts





Water Polo

6 clubhouses for rugby, hockey, cricket, netball, underwater sport, soccer, tennis and water polo, respectively



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- ▶ So can you imagine the number of sports you can practice. It's totally crazy!! You will have the chance to find:

ATHLETICS

BASKETBALL

CYCLING

CRICKET

HOCKEY

NETBALL

RUGBY

SOCCER

SWIMMING

TENNIS

UNDERWATERSPORT

SAILING

WATER-POLO

GOLF

CHEERLEADING

GYMNASTICS

CHESS

ROWING

CANOEING

JUDO

FENCING

TAEKWONDO

EQUESTRIAN

VOLLEYBALL

SURFING

Maties Gym Health and Fitness Centre is situated in the Heart of Stellenbosch.

It offers a range of classes (Aqua , body Conditioning , Body Dynamics , Boot camp , Cycle , Move , Pilate ,Slide ,Yoga ,Step ,etc ...)

Membership starting at R237 per month, but before signing up, check with your buddy or cluster, they often have some discounts or interesting prices.

